

Clean your hands at these 5 moments.

Before touching a patient

Before clean/aseptic procedure

After body fluid exposure risk

After touching a patient

After touching patient surroundings

Germs. Wash your hands of them.

January 2010



Health Protection Scotland



healthier scotland
SCOTTISH GOVERNMENT

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

www.washyourhandsofthem.com