



**After body fluid  
exposure risk**

**Before clean/aseptic  
procedure**

**After touching  
a patient**

**After touching  
patient surroundings**

**Before touching  
a patient**

**Clean your hands  
at these 5 moments.**

**Germs. Wash your hands of them.**

[www.washyourhandsofthem.com](http://www.washyourhandsofthem.com)



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